

Do you support someone with mental health issues?



We're here for you
Don't feel isolated

Get sign-posted to the right help



For over 18 years, we have offered people, who know of those who suffer from a range of mental health issues, someone to talk to, practical advice, useful information, interesting speakers, occasional social activities and other much needed support.

www.jigsaw.org.uk

Join us at one of
our monthly meetings



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JIGSAW

Worcestershire Mental Health
Relative & Carer's Support Group